



U6-U8 Junior Academy Training Program FALL 2016

Pride Soccer Club is excited to once again be organizing the U5-U8 Junior Academy Training Program. This program is intended for players who already participate in a recreation league and want to receive extra training during the week. Each training session will focus on improving the individual players' skill and technique and will be led by a member of the PSC Coaching Staff. The program is open to both boys and girls. Topics that will be covered throughout the program include: juggling, dribbling turns, dribbling moves, receiving, passing, striking, shooting, possession, 1v1 attacking, 1v1 defending and tactical awareness.

Cost: \$30

Includes:

- Six 60 minute training sessions with PSC coaching staff member

U5-U6 Sessions: Mondays (6:00-7:00pm) – 8/29, 9/12, 9/19, 9/26, 10/3, 10/10 (no session 9/5 Labor Day)

U7-U10 Sessions: Thursdays (6:00-7:00pm) – 9/1, 9/8, 9/15, 9/22, 9/29, 10/6

U5: 2012 Birth Year

U6: 2011 Birth Year

U7: 2010 Birth Year

U8: 2009 Birth Year

U9: 2008 Birth Year

U10: 2007 Birth Year

Training Location:

PSC Training Fields (Behind David Lutheran and Heritage Baptist Churches)
300 Groveport Road
Canal Winchester, OH 43110

Contact:

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**Register online at www.pridesoccerclub.com
Deadline to register is August 26th**